🦃 Thanksgiving Foods Dogs Can and Can't Eat

Printable Holiday Safety Chart

Food	Safe for Dogs?	Notes
Plain Turkey Meat	✅ Yes	Remove skin, bones, and seasonings.
Turkey Skin	❌ No	High in fat and may cause digestive upset or pancreatitis.
Turkey Bones	❌ No	Can splinter and cause choking or internal injuries.
Sweet Potatoes	✅ Yes	Serve plain and cooked.
Sweet Potato Casserole	❌ No	Often contains sugar, butter, marshmallows, and spices.
Green Beans	✅ Yes	Plain, steamed, or fresh is best.
Green Bean Casserole	❌ No	Contains onions, cream sauces, and excess salt.
Pumpkin Puree	✅ Yes	Use 100% pure pumpkin, not pie filling.
Carrots	✅ Yes	A healthy, low-calorie snack.
Apples	✅ Yes	Remove seeds and core first.
Stuffing	❌ No	Often contains onions, garlic, herbs, and excessive sodium.
Gravy	❌ No	Typically high in fat, salt, and seasonings.
Mashed Potatoes	⚠️ Sometimes	Only if plain and free from butter, garlic, and onions.

Dinner Rolls	⚠️ Sometimes	Small amounts are generally safe but provide little nutritional value.
Cranberry Sauce	⚠️ Sometimes	Avoid varieties with added sugars, alcohol, or artificial sweeteners.
Chocolate Desserts	❌ No	Chocolate is toxic to dogs.
Grapes & Raisins	❌ No	Can cause kidney failure.
Macadamia Nuts	❌ No	Highly toxic to dogs.
Alcohol	❌ No	Even small amounts can be dangerous.
Xylitol-Sweetened Foods	❌ No	Can cause severe poisoning and liver failure.

🐾 Build a Dog-Friendly Thanksgiving Plate

- ✅ Plain Turkey Breast
- ✅ Green Beans
- ✅ Sweet Potatoes
- ✅ Pumpkin Puree
- ✅ Carrot Slices

Remember:

When in doubt, skip the seasoning and keep portions small. A few bites of dog-safe foods are enough to make your pup feel included in the Thanksgiving celebration.

Thanksgiving Doggy Cheat Sheet

SAFE ✅

- Turkey (plain)
- Sweet potatoes

- Green beans
- Pumpkin
- Carrots
- Apples

AVOID ❌

- Bones
- Stuffing
- Gravy
- Chocolate
- Grapes & raisins
- Macadamia nuts
- Alcohol
- Xylitol

Emergency Signs to Watch For: Vomiting, diarrhea, excessive drooling, tremors, weakness, or difficulty breathing. Contact your veterinarian immediately if symptoms occur.

Print this chart and keep it on the refrigerator during Thanksgiving meal prep to help family and guests know which treats are safe for your furry friends. 🦃🐶